

Metchosin MycoBlitz 2018

Talk and Foray, November 2 and 3, 2018

Introductory Talk

When: Friday, Nov 2, 2018, 7:00 pm

Where: Metchosin Municipal Hall
District of Metchosin
4450 Happy Valley Road
Metchosin, BC

What: Talk on "The Art and Science of Mycophagy"

Dr. Benjamin will look at issues of mushroom edibility, mushroom nutrition, and the chemistry of cooking fungi.

Who: Dr. Denis Benjamin

Denis R Benjamin, who grew up in South Africa, emigrated to the Pacific Northwest in 1970. He practiced pediatric pathology at the children's hospitals in Seattle, Washington. Dr. Benjamin became an amateur mycologist soon after his arrival in the USA. He was a consultant to the regional poison control center, a former member of the Board of Trustees of the Puget Sound Mycological Society, and a past Chairman of the Toxicology Committee of the North American Mycological Association.

In addition to nearly 100 professional publications, Dr. Benjamin has contributed to the lay literature and mushroom magazines. He is author of a book on the health effects of mushrooms (*Mushrooms: Poisons and Panaceas*) and recently published a collection of mushroom foraging essays (*Musings of a Mushroom Hunter: A Natural History of Foraging*). In recent years he has expanded his interest in mushrooms into watercolour art.

Mushroom Foray and Display

On Saturday, November 3, 9:00 am, join Dr. Benjamin and other local mushroom experts in front of the Metchosin Municipal Hall for mushroom foray. Groups will be sent out to collect mushrooms. Bring a bag lunch and watch a mushroom movie at noon. Return to the Municipal Hall at 2:00 pm to see the collected mushrooms arranged and labeled.

